

SAN JOSÉ, COSTA RICA

Hotel and Tours for *Cocos Island Aggressor* and
Okeanos Aggressor II liveaboard guests

AGGRESSOR
ADVENTURES 



D Sabana Hotel in San Jose



Standard Room, 1 King Bed

We recommend the **D Sabana Hotel** in San Jose.
It is the only hotel that Aggressor will provide transfer to and from the yacht. You might like to consider adding a couple of days at the beginning or end of your dive vacation to take advantage of some wonderful tours in Costa Rica.

(The D Sabana Hotel is formerly the Park Inn by Radisson San Jose).

The **D Sabana Hotel** boasts a strategic setting at the heart of the Don Bosco neighborhood in San Jose. The hotel is situated just a short driving distance from the airport. This upscale hotel greets guests with charm and style, welcoming them into a relaxing world, seemingly miles away from the city which lies just outside. The guest rooms are exquisitely appointed, featuring modern amenities for added comfort and convenience. The hotel offers exemplary facilities, ensuring a relaxing stay.



Standard Room, 2 Double Beds



Poás, Doka, Grecia and Sarchí Tour

- Poas Volcano National Park, it is an active 2,708-metre (8,885 ft) stratovolcano. The crater of the volcano is over a mile across and 1050 feet deep.
- Delicious lunch at Doka Estate we will stop to learn more about our golden bean, which is a term used to describe the unique and savory coffee of Costa Rica.
- Grecia, considered one of the cleanest towns in Latin America.
- Sarchi, known as the cradle of Costa Rican artisans.

Arenal Volcano with Hot Springs

- Sarchi, known as the birthplace of Costa Rica's Artisans
- Lunch at the small town of La Fortuna with a magnificent view of the volcano
- Hot springs near the volcano. You will soak in the cleansing and rejuvenating thermal waters. An optional massage can be reserved ahead of time to ensure availability. Spa treatments are not included and are payable directly at the resort.

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Rainforest Adventure (3 in 1)

- Sarapiquí: relaxing boat ride on the Sarapiquí River
- A walk on Selva Verde Eco Lodge's private trails, which are a heaven for nature enthusiasts.
- Following lunch and on route to San Jose, a visit to the famous Rainforest Aerial Tram is included, for a ride on a gondola through the tree canopy in company of a naturalist guide that will talk to you about the wonderful rainforest.
- Zip lining is available instead of the gondola ride if you prefer more excitement.

Pacuare River Rafting Class IV

- The Pacuare River is one of the best choices for your adventure treks in Costa Rica.
- The 18 mile one day run includes a total of 52 rapids.
- Upon arrival to the river we will gear you up with a life jacket, helmet and paddle and then brief you with a full safety orientation talk.
- We finish in Siquirres, at our own private Exploration Center where you can take a shower, change and enjoy the gardens.



San José City Tour (Half day)

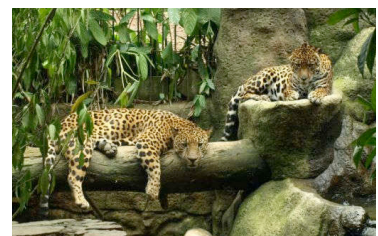
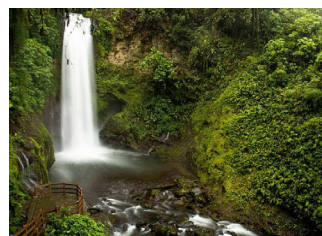
- We will visit the National Theater, also known as "The jewel of San José", the Museum of Gold (an archaeological interest site), then the Central Market, place full of the Costa Rican cultural heritage and traditions, where you will be able to browse and buy some local art crafts.
- Metropolitan Cathedral, Old Train Station and National Liquor Factory and the National Supreme Election Bureau, the Asamblea Legislativa (equivalent to The Congress), The Metallic Building, some parks and various sites of interest.
- We will visit an Art Gallery, where you will be able to get some souvenirs to take back home.

Irazú Volcano, Orosí Valley and Lankester Gardens

- Panamerican Highway to the spectacular Iztaru Volcano
- City of Cartago, Virgin of the Angels Basilica
- Lankester Gardens with several species of orchids and bromeliads
- Valley of Orosi, an area that overflows with unparalleled beauty. We will be able to visit one of the few remaining colonial churches and we will stop to enjoy
- Lunch at one of the local restaurants.

La Paz Waterfall Gardens

- Walking trails surrounded by lush tropical rain forest
- Spectacular waterfalls, birds, butterflies, monkeys, and birds
- Aviary, the Butterfly Observatory, Hummingbird Garden, Serpentarium, Jungle Cats Exhibit, and the Frog Exhibit
- After the tour, we will enjoy a buffet lunch (rated 4 Forks by the Costa Rican Tourism Council) that includes multiple selections of Traditional Costa Rican dishes and much more.



• *Tours require a minimum of 2 people to operate, some of them may need at least 4.*